



BERKSHIRE ATHLETICS TRACK & FIELD CHAMPIONSHIPS
SATURDAY 9TH MAY 2026 AND SUNDAY 10TH MAY 2026

(UNDER UKA RULES)

PROSPECTUS

ENTRY

Online entry and payment only via the Roster Athletics online entry system

Entry fee is £9.00 per event.

CLOSING DATE FOR RECEIPT OF ENTRIES: 26th APRIL 2026 at 18.00hrs

NO CHANGES TO EVENTS ENTERED WILL BE ACCEPTED AFTER THE CLOSING DATE.

IF YOU WISH TO CHANGE AN EVENT BEFORE THE CLOSING DATE USE THE EMAIL ADDRESS AT THE BOTTOM OF THIS DOCUMENT

NO LATE ENTRIES WILL BE ACCEPTED.

NO ENTRIES ON THE DAY

REFUNDS WILL ONLY BE GIVEN IF YOU WITHDRAW BEFORE THE CLOSING DATE OF 26th APRIL 2026 at 18.00 hrs

THERE WILL BE NO REFUNDS AFTER THE CLOSING DATE EXCEPT IF THE CHAMPIONSHIPS ARE CANCELLED

ELIGIBILITY TO COMPETE

UKA RULE RULE G2 S6 UKA SUPPLEMENT COUNTY, DISTRICT AND AREA QUALIFICATIONS

(1) English County Qualification

(i) County Championships are open to all eligible athletes possessing a County qualification.

(ii) A County qualification may be acquired as follows:

(a) By birth (see also Rule G2 S4(1) see below

(b) By nine month's continuous bona fide residence in the County immediately prior to the competition.

(c) By service in a Unit of HM Forces stationed in the County for nine months immediately prior to the date of the competition. Temporary absence on duty shall not break a qualification acquired under this paragraph.

NOTE: Membership of a Club affiliated to a County Association does not, of itself, provide an athlete with a County qualification unless at least one of (a) – (c) above is satisfied.

(iii) Competitors who have qualified and competed, under (1)(ii)(b) or (c) above retain that qualification until they have acquired a residential qualification and competed in the Championship of another County or represented another County in an Inter-County Championship.

(iv) A student at school, college or university does not acquire a residential qualification by residence in the County during term time only

(v) An athlete who has competed in a County Championship (other than is allowed under (x) below) or represented a County in an Inter-County competition, may not compete in the Championships of, nor represent, another County in that Competition Year.

RULE G2 S4 UKA SUPPLEMENT COMPETITION CONDITIONS

(1) Birth qualification: For the purpose of determining place of birth for a competition qualification this may be either at the location of actual birth or at the domicile of the mother at the time of birth, if different. In the event that the different locations are in different Counties or Districts then the athletes may make an irrevocable selection for which County or District they wish to be eligible. Once an athlete has made a decision as to their County or District of birth this may not be changed

AGE GROUPS

Under 14 Boy or Girl 12 or 13 at Midnight 31st August/1st September 2026

Under 16 Boy or Girl 14 or 15 at Midnight 31st August/1st September 2026

Under 18 Man or Woman 16 or 17 at Midnight 31st August/1st September 2026

Under 20 Man or Woman: 18 or 19 at Midnight 31st December 2026/1st January 2027

INFORMATION FOR ATHLETES

Athletes must compete in their own age group.

No guests are allowed to compete in any event.

U14, U16 and U18 may only compete in up to 3 events on each day.

U20s may only compete in up to 5 events on each day.

If you exceed that number you will be requested to withdraw from the excess events entered and will not be refunded.

Athlete must wear the vest of their First Claim affiliated Club, County, Area or National vest

Medals will be awarded to the first three in all events.

As the U14, U16 and U18 are new age groups no commemorative plaques for Championship Best Performance will be awarded this year.

Any athlete achieving a new or equalling a Championship Best Performance in the U20 or Senior age group will be awarded a commemorative plaque.

Athletes must register 45 minutes before their event. Failure to do so may result in you not being allowed to compete.

If competing on both days athletes must register on each day and keep their numbers for both days.

EVENTS **PLEASE NOTE U16s CANNOT DO BOTH 800m AND 3000m**

Saturday 9 May 2026

Senior Men:	200m, 800m, 400mh, 5000m. HJ, LJ, SP, DT, TJ.
U20 Men:	200m, 800m, 3000m, 400mh, HJ, LJ, SP, DT, TJ.
U18 Men:	200m, 800m, 3000m, 400mh, HJ, LJ, SP, DT, TJ.
U16 Boys:	200m, 800m or 3000m , 300mh, HJ, LJ, SP, DT, TJ.
U14 Boys:	200m, 800m, HJ, LJ, SP, DT.
Senior Women:	100m, 400m, 1500m, 3000mSC, 400mh, JT, TJ, HT.
U20 Women:	100m, 400m, 1500m, 2000mSC, 400mh, JT, TJ, HT.
U18 Women:	100m, 400m, 1500m, 400mh, 1500mSC, JT, TJ, HT.
U16 Girls:	100m, 300m, 1500m, 300mh, 1500mSC, JT, HT, TJ.
U14 Girls:	100m, 1500m, JT, HT

Sunday 10 May 2026

Senior Men:	100m, 400m, 1500m, 3000mSC, 110mh, JT, PV, HT.
U20 Men:	100m, 400m, 1500m, 3000mSC, 110mh, JT, PV, HT.
U18 Men:	100m, 400m, 1500m, 2000mSC, 110mh, JT, PV, HT.
U16 Boys:	100m, 300m, 1500m, 100mh, 1500mSC, JT, PV, HT.
U14 Boys:	100m, 1500m, 80mh, JT, HT, PV
Senior Women:	200m, 800m, 3000m, 100mh, HJ, LJ, SP, DT, PV.
U20 Women:	200m, 800m, 3000m, 100mh, HJ, LJ, SP, DT, PV.
U18 Women:	200m, 800m, 3000m, 100mh, HJ, LJ, SP, DT, PV.
U16 Girls:	200m, 800m or 3000m , 80mh, HJ, LJ, SP, DT, PV.
U14 Girls:	200m, 800m, 75mh, HJ, LJ, SP, DT, PV

THE SCHEDULE IS ON ROSTER. IT IS PROVISIONAL AND WILL BE UPDATED WHEN ENTRIES ARE CLOSED IF HEATS ARE REQUIRED THEY WILL BE RUN AT THE FINAL TIME AND FINAL SCHEDULED LATER IN THE TIMETABLE.

IF MORE THAN 1 RACE IS REQUIRED FOR U14 OR U16 800M OR 1500M THEY WILL BE RUN AS TIME TRIALS AND MEDALS GIVEN TO THE FASTEST 3 OVERALL

Electronic timing on track and EDM on Long Throws

Masters please note this is a Senior competition and Senior weights and hurdle heights will be used

ANTI-DOPING

“An entrant shall be deemed to have made himself/herself/themself, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entering the event, whether or not the participant is a citizen of, or resident in, the UK.”

The UKA Anti-Doping Rules are available at: www.ukad.org.uk

Any questions or queries regarding the Championships should be sent by email to the T&F Championship Secretary: berkshiretandf@gmail.com