



Berkshire Athletics News

Edition 1 January 2026

Welcome to the first edition of Berkshire Athletics News.

Through this quarterly newsletter we aim to keep our athletics community up to date with forthcoming events and share results.

Check out our website for the latest events and results

berkshireathletics.org.uk

In this issue:

- ◆ Sportshall review
- ◆ Cross Country review
- ◆ Track and Field update
- ◆ Road Running update
- ◆ Officials

Sportshall



During November and December, Slough Juniors, Maidenhead, Reading, Bracknell, Team Kennet, Newbury and Holy Family Catholic School all took part in a series of Sportshall trial competitions. These competitions are designed to allow young athletes the opportunity to compete in the various Sportshall events in a competitive

environment but with a focus on personal improvement. These competitions all built up to the exciting county championships on 11th January. This was a full scale team competition with medals for the 1st, 2nd & 3rd placed boys and girls teams in each age group.

With some 250 athletes taking part, it was an exhilarating afternoon of competition with every athlete giving their absolute best for their clubs. Most of the final scores were very close! The winning teams were:

Girls

U11: Bracknell AC / Maidenhead AC

U13: Bracknell AC

U15: Maidenhead AC

Boys

U11: Slough Junior AC

U13: Bracknell AC

U15: Bracknell AC

The ever competitive coaches relay was contested by four clubs each with a combined age of 130 years (or more in some cases!). The victors were Bracknell AC (pictured above) with Slough Juniors 2nd and Maidenhead 3rd.

Strong teams have been selected for the South of England regional final in Burgess Hill on the 1st March.

Good luck to Team Berkshire!



Cross Country

Thank you to Gavin Marsh, Sue Francis and Reading Athletic Club for hosting this year's XC Championships at Lea Heath, Dinton Pastures. This was a new course with various loops, and was deceptively challenging.

It was an excellent morning of cross country running on a blue sky December day

Over 200 athletes from 17 clubs competed across the U13 to masters' age groups.

Individual results are on [Roster](#). The victorious teams were:

Boys/Men

U13: WSEH

U15: Bracknell

U17: Bracknell

U20: WSEH

Sen: Reading AC

Vet: Reading Roadrunners

Girls/Women

U13: Bracknell

U15: WSEH A

U17 WSEH

U20: WSEH

Sen: Newbury AC

Vet: Newbury AC



Congratulations and good luck to all the athletes selected to run for Team Berkshire at the UK Inter Counties in March!

Thanks to all the marshals and Berkshire officials who helped at this event without them there would have been no event.

Sam, our county cross country secretary, will be stepping down at the AGM in November so we need to find a replacement. If someone comes forward now it will give you the opportunity to shadow Sam and learn the role. For more information about what is involved please contact Sam: berkshirexc@berkshireathletics.org.uk



Track and Field

Save the date!

Berkshire Track and Field Championships

Sat 9th & Sun 10th May are confirmed as the county champs.

Host venue is Bracknell

Entries will be on Roster soon....

Berkshire Combined Events Championships

We will once again be using the SEAA Combined events championships as the Berkshire Championships.

Sat 18th & Sun 19th July @ Horspath (tbc)

To enter the Berkshire Champs please enter the [SEAA champs](#) then email a confirmation of your entry to secretary@berkshireathletics.org.uk.

Jill Wright, Berkshire President, will be at the SEAA event to award medals to the top 3 Berkshire Athletes in each age group.

County Representative Opportunities

Every year we enter teams in the Derek Crookes U14 Inter County Championships and the SEAA U16 & U18 Inter County Championships. Both are team events with individuals scoring points towards the overall team score.

These are a great opportunity to represent Berkshire and wear the green and gold vest.

Teams are selected firstly on county qualification rules then on performance see our website for [more info](#).

The U16/18 SEAA Champs are confirmed as 13th September so if you want to aim for a county vest put the date in your competition schedule as a possible!





Road Running



Calling all road runners!

Berkshire Road Running Championships

There are 5 set races in this years road running championships and it couldn't be easier to enter!

You only need to enter the Berkshire champs once and you are automatically entered for each race (so long as you enter the specific races via the organisers website!)

All information and entry is on our [website](#).

This year's races are:

Sunday 10th May
Monday 25th May
Sunday 9th August
Sunday 20th September
Sunday 18th October

Marlow 5
Newbury 10k
Newbury Racecourse Half Marathon
Tadley 10 Miles
Henley 5k

Any certified marathon held between 1st March 2026 and 31st October 2026



Officials

Come rain or shine Berkshire officials are at our events (*ok maybe not in the picture as that's the Lausanne Diamond League!*).

Quite simply without them the events would not go ahead.

A massive thank you to all our Berkshire Officials!

If you are an official in Berkshire and haven't officiated at the county track and field champs why not make this year your year to help? We welcome officials of ALL levels and you can help at one or both days.

Our officials secretaries Jill and Richard want to hear the views and ideas of our officials on how to improve the officiating experience in the county. If you haven't yet filled in their survey please do so.

In the mean time, save the date for the county champs: **9th & 10th May**. If you have any county officiating questions please use this email

cofsec@berkshireathletics.org.uk