



## **U15/U17 Inter-Counties Competition Conditions 2025**

### **Format**

This competition is for U15 and U17 age groups Male and Female, single string. All counties in the original Southern area are invited to take part.

Bedfordshire  
Berkshire  
Cambridgeshire  
Essex

Hampshire  
Hertfordshire  
Kent  
Middlesex

Oxfordshire  
Surrey  
Sussex

**Guest competitors are not allowed in any event.**

### **Trophies**

A Glass Award will be presented to the winning County in each age group.

### **Scoring (8-Point Scoring Model)**

The top eight competitors score points for their county: 8 points for first place down to one point for eighth place. Ties will be scored with all tying athletes being given the points for the position achieved.

### **County Qualifications**

Please see attached UKA Rule.

### **Field Events**

Except for High Jump and Pole Vault, athletes have **three** trials with the top 8 having three more.

Starting heights and progressions are set as follows:

#### **High Jump**

**U17M** 1.60m, **U17W** 1.40m, **U15B** 1.40m, **U15G** 1.30m.

Progression – 5cm until three (or fewer) athletes left then by 3cm. No jump off.

#### **Pole Vault**

**U17M** 2.70m, **U17W** 2.20m, **U15B** 2.20m, **U15G** 2.00m.

Progression – First increment 20cm then by 10cm. No jump off.

#### **Triple Jump**

Competitors are restricted to the following boards:

**U17M** 9/11m, **U17W** 9/11m, **U15B** 9/11m and **U15G** 7/9m

## **Shoes & Spikes**

All SEAA events must comply with World Athletics Rules on shoes, including heel and spike dimensions. It is the athlete's responsibility to ensure that the shoes to be used for SEAA competitions are on the current list of approved shoe models by the World Athletics. In the case of non-compliance with World Athletics list of approved shoes, an athlete will not be allowed to compete, or shall be disqualified after the competition with their result being void.

The maximum length of spikes is 6mm on all surfaces (except for Javelin and High Jump where 9mm spikes are allowed); this is in accordance with Governing Body rules, surface regulations and for your personal safety. Failure to meet this requirement will result in the individual being refused access to the competition area.

More information can be downloaded from the World Athletics website here: [Athletic Shoe Regulations](#).

A full list of approved shoes can be found here: [List of Approved Athletic Shoes](#).

## **Implements**

Personal equipment must be submitted to the Technical Manager for checking at least one hour before your event time.

## **U17M Javelin**

The Track and Field DWG has discussed the implications of the latest UKA guidance that either “old” or “new” specification javelins may be used in competition until 01/11/2025. To provide certainty (and in the light of fairness to competitors and possible restrictions at venues) all SEAA competitions in 2025 will be held using “old” specification javelins.

## **Starting Blocks**

Blocks will be provided by the Stadium. Personal starting blocks will NOT be permitted.

## **Photography**

Photography and video footage are taken at SEAA Competitions and Events. SEAA may use these images and video footage for press and promotional purposes. This might include printed publications such as newspapers, magazines, brochures and flyers; or online, including our own and partners' websites and social media.

We are seeking parental consent for athletes under 18 for photographs/video recordings to be taken at SEAA events via the following link: <https://forms.cloud.microsoft/e/xrKqQ1eQw0> (please forward on to parents/guardians to complete). A QR code to this link will also be available on the day.

Should anybody wish to take photographs on the day, we would ask them to complete the following form: <https://forms.cloud.microsoft/e/sV46XT2HTn>

## **Results**

Results will be available online on Roster soon after each event and the points table will be automatically updated. Results will not be displayed as hard copies. There will be QR codes displayed on the day for spectators to access the results online.