

## **Berkshire County Cross-Country Championships - 9 January 2016**

### **Additional Information**

#### **Club Vests**

Club vests must be worn.

#### **Team Scores**

In all age groups except the senior men, the first four finishers from a club will constitute a team, as will the next four. In the senior men category, the teams will comprise the first six, and subsequent six, finishers from a club. Details for team entries will be forwarded to team managers between the closing date and the date of the event.

#### **Car Parking**

Competitors and supporters must park at Thames Valley Athletic Centre [TVAC], Pococks Lane [B3026], Eton SL4 6HN, and not at Upton Court Park. The B3026 is accessed off the B3022, which runs into Eton High Street. The pedestrian access to the course will be signposted.

#### **Changing Facilities**

Changing rooms at Upton Court Park are reserved for footballers. Changing facilities and showers are available at TVAC, but at a cost of £2.50.

#### **Toilets**

Male toilets are in the Upton Court Park changing rooms, and female toilets are in the scout hut just off the car park.

#### **Refreshments**

Refreshments will be available in the scout hut.

#### **Course**

Maps of the course and start times will be displayed at the venue.

#### **Tents/Banners**

Because of the presence of some contaminated land, tents/banners/flags are restricted to an area to the south of the finish tunnel.