

Criteria to be used in the selection of the Berkshire teams for the Inter Counties Cross Country Championships:

Subject to the two exceptions set out below, in each age group from Under 13 to Under 20, the first eight athletes to finish at the Berkshire Cross Country Championships will be offered a place. Athletes finishing between 9th and 12th will be offered the four reserve places.

Subject to the two exceptions set out below, in the Senior Women's and the Senior Men's age groups, the first nine athletes to finish at the Berkshire Cross Country Championships will be offered a place. Athletes finishing between 10th and 15th will be offered the six reserve places.

The only exceptions to the above are:

i) An athlete who has been selected to compete at a higher level competition than the County Championships within 10 days of those Championships [9 January in 2016].

ii) An athlete who has finished in the first three at the Berks, Bucks and Oxon Championships [21 November in 2015], who is unable to compete in the Berkshire Championships due to illness or injury.

In either of the above cases, Berkshire Athletics must be informed in writing at least the day before the Berkshire Championships [by 8 January in 2016]. An athlete meeting either of these criteria will take the place of the 8th or 9th finisher, depending on the age group, who would be offered a reserve place instead of the 12th or 15th finisher respectively.

Under 20 athletes who reach the age of 20 during the year 2016 are advised to enter the Senior race at the Berkshire Championships if they wish to be considered for the Senior team at the Inter Counties Championships. As that competition is held under IAAF rules, these athletes would be too old to qualify for the Under 20 team.